Explore, Grow and Learn With Us!

Choose a class that is right for you, your child or entire family.

Instructors are experienced and offer a variety of classes for all ages and skill levels. Learn how to dance, ice skate, perform CPR, play tennis, golf, kickbox, fencing, guitar and much more!

Don't miss out, call for a complete schedule today!

For class descriptions see page 4-9. For more information, call (916)625-5200, or see page 14 to learn where to acquire program class schedules and registration forms.

CITY OF ROCKLIN
Community Services AND FACILITIES

City of Rocklin

Recreation Guide

February 2005 ~ August 2005

Choose the City of Rocklin Aquatics Program

for a safe & friendly experience.

There are many ways any age can have a swimming good time. Join Us!

- Diving
- Swim Lessons
- Lap Swim
- Aqua Exercise
- Lifeguard training
- Recreational Swim
- Swim Parties

For Aquatic Information, see pages 2-3.
For schedules see page 14, or call:
(916) 625-5200

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CITY OF ROCKLIN
Community Services AND FACILITIES

City of Rocklin Community Services-Recreation Division reserves the right to photograph and/or video tape participants in City facilities and activities. All photos and/or video tapes will remain the property of the City of Rocklin and may be used for publicity and promotional purposes.

Every effort is made to ensure that the information printed in the Recreation Guide is accurate; however, please be aware that program dates, prices, or descriptions may change periodically. In the event of a program change, every effort will be made to notify registrants in a timely manner.

2005 City of Rocklin Calendar

January
24 ..... Class schedule available

February
4 ..... Country Line Dance
7 ..... Class Registration
13-20 .. Snowflake Art Show
25 ..... Aquatics schedule available

March
4 ..... Country Line Dance
11-20 ... Center Stage Productions *"Fiddler On the Roof"*
18 ..... Sports Registration Deadline, Spring

April
1 ..... Country Line Dance
1-15 .... Preschool Registration by Lottery
3 ..... Senior Tea Dance
6 ..... Music Mike Family Concert
11 ..... Easter Egg Hunt
27 ..... Ruhkala Awards
30 ..... Swim Lesson Registration

May
1 ..... Senior Tea Dance
6 ..... Country Line Dance
7 ..... Rocklin Clean-up Day
12 ..... Open Registration, Kids Junction
20 ..... All-school 6th Grade Dance

June
4 ..... Rocklin Living 2005
7 ..... Kids Junction Summer Camp Begins
8 ..... Pool Opens for Rec Swim
10 ..... Country Line Dance
10 ..... Rocklin Jubilee, Big Band Ballroom Dance
10 ..... Registration Deadline, Summer Sports
17 ..... Evening-in-the-Park
25 ..... New Orleans Jazz Dinner
25 ..... Rocklin Jubilee

July
5-15 .... Preschool Summer Camp I
8 ..... Country Line Dance
8-17..... Center Stage Productions *"The Pajama Game"*
15 ..... Evening-in-the-Park
18-29 .. Preschool Summer Camp II

August
1-12 .... Preschool Summer Camp III
5 ..... Country Line Dance
10 ..... Music Mike Family Concert
18..... Kids Junction School Year Begins
19 ..... Evening-in-the-Park
19 ..... Pre-Registration Deadline for Fall Sports
22 ..... Preschool Year Begins

Rocklin City Council

Brett Storey ..... Mayor
Peter Hill ..... Vice-Mayor
Kathy Lund ..... Councilmember
George Magnuson ..... Councilmember
Ken Yorde ..... Councilmember

Rocklin City Council meets at 7:30pm the 2nd and 4th Tuesday of each month on the 2nd floor of the Administration Building, 3970 Rocklin Rd.

Rocklin City Officials

Sandra Davies..... City Clerk
Vincent A. Amado ..... Treasurer
Carlos Urrutia..... City Manager

Rocklin Planning Commission

Scott Barber ..... Chairperson
Jeff Shirhall ..... Vice-Chairperson
Ralph Coleman ..... Commissioner
Larry Menth ..... Commissioner
Lynne Sully ..... Commissioner

Rocklin Planning Commission meets at 7:30pm the 1st and 3rd Tuesday of each month on the 2nd floor of the Administration Building, 3970 Rocklin Rd.

Rocklin Recreation Commission

Paul Ruhkala ..... Chairperson
Jack Haycock..... Vice-Chairperson
Christine Anderson ..... Commissioner
Margaret Azevedo..... Commissioner
Kisar Singh ..... Commissioner

Rocklin Recreation Commission meets at 7:30pm the 2nd Wednesday of each month on the 2nd floor of the Administration Building, 3970 Rocklin Rd.

Community Services & Facilities Management

Mark Riemer ..... Director
Gordon Holt..... Recreation Superintendent
Rick Forstall ..... Parks & Facilities Ops. Mgr.

Aquatics

Priority Mass Swim Registration is Saturday, April 30

10:00am-12:30pm *for Residents ONLY*
Rocklin Sunset Center Main Hall
2650 Sunset Blvd
625-5223 *(for registration information)*

Movies will be shown for children in the Sunset Room.

Mail-In Registration May 2 - June 8, followed by on-going registration at the pool.

Who do you call for information?

For aquatics information from February through June 8, contact:

City of Rocklin Community Services-Recreation Office
2650 Sunset Blvd • (916) 625-5200
8:00am-5:00pm

Please do not call the Rocklin High School regarding Rocklin Aquatics programs. During public swimming hours from June 8 - August 14, staff will be answering the pool lobby phones at 632-4190 weekdays from 10:00am-8:00pm, and 1:00-4:00pm on weekends. ***All Aquatics classes and activities are subject to change or cancellation without notice.***

Rocklin Aquatics Complex

5301 Victory Lane • 632-4190

The Rocklin Aquatics Complex consists of an 8-lane pool with diving boards and a beach front entry wading pool. This swim center is a splashing alternative for your special function or party. Each birthday party package includes the use of the Rocklin Aquatics Facility during rec swim from 1:00-4:00pm and the following:

Birthday Party Package:

- Fees, $6.00/guest (minimum of 10 guests)
- Decorated party table in picnic area for one hour
- Party postcard invitations
- Four Adult chaperone passes

Beginning April 30, call 625-5223.
After June 9, call the Aquatics Complex at 632-4190, for available dates and times for pool parties.

Private Party Rentals

Reserve the pool for a private one-hour party on weekends before or after public swim. Lifeguard on duty. Reservations are taken on a first-come, first-served basis.

- Standard Fee: $140 for up to 25 swimmers.

Special Aquatic Weekends

Lap Swim, Aqua Exercise, Special Teen Events, Family Events and Moonlight Swims will be held throughout the summer.

Visit our web site at www.ci.rocklin.ca.us for dates and details.

The full Summer Aquatics Schedule will be available after February 25. See page 14 for locations where schedules and registration forms can be obtained.

Swim Lesson Information

Rocklin swim lessons are taught by qualified instructors at the Rocklin Aquatics Complex. Each session consists of nine, 30-minute lessons: First week meets Monday - Friday; second week meets Monday - Thursday.

Session 1:	June 6-16 (pm only)
Session 2:	June 20-30
Session 3:	July 5-14
Session 4:	July 18-28
Session 5	August 1-11

Parent/Child swim classes are held for ages 9 mos. - 5 years. Level 1-7 classes are held for students ages 5 - adult in small group, semi-private, and private lessons. Springboard diving and junior instructor programs are also offered.

Recreational Swim

June 8 - August 14
Tuesday - Sunday,
1:00 - 4:00pm

Recreational swim is open to the public six days a week at the Rocklin Aquatics Complex, Tuesday - Sunday. The pool will be closed on Mondays for Kids Junction use.

Summer season punch cards and passes will be available beginning April 30.

Aquatics

The full Summer Aquatics Schedule will be available after February 25. See page 14 for locations where schedules and registration forms can be obtained.

WSI Training *Ages 16+*

Teaching young children to swim is one of the most rewarding experiences you can have. Learn American Red Cross teaching methods, improve your own strokes, and earn a certificate to become a WSI swimming instructor.

Call 625-5223 for more information.

Spring & Summer Aquatics Positions

Looking for a fun and exciting job? Come work at the Aquatics Complex.

Applications for Pool Manager, Assistant Pool Manager, Lifeguard, Swim Instructor, Diving Instructor, Aqua Exercise Instructor, Head Cashier, Cashier, and Swim Aide will be available February 1 at the Rocklin Sunset Center and City of Rocklin Administration Office.

Junior Instructor Swim Camp

Ages 11+
Monday thru Thursday

Earn Community Service hours! Learn junior instructor pool responsibilities such as teaching techniques, supervising children, water safety, and general pool procedures. Those who successfully complete the course requirements receive a certificate and are eligible to volunteer as Jr. Instructor/Guard. *Book is included.*

Rocklin High Pool
3/21-3/24 9:00am-2:00pm
$80R/$90NR #3730.304

Lifeguard Training

Ages 15.5+
Monday thru Friday

Learn American Red Cross lifeguarding skills, CPR for the Professional Rescuer, and Standard First Aid. *Books included.* A California lifeguard will also need First Aid for Lifeguards (Title 22 First Aid).

Rocklin High Pool
3/21-3/25 8:00am-4:00pm
$99R/$107NR #3731.304

First Aid for Lifeguards (Title 22)

Ages 15.5 +
Monday thru Thursday

First Aid for Public Safety personnel meets Title 22 requirements. CPR for the PR card must be presented at the start of the class. A three-year card is issued. An Emergency Response book is required and can be purchased from the Recreation Office for $40.

Rocklin High Pool
3/21-3/24 6:00-10:00pm
$40R/$45NR #3732.304

Spring Aquatics Program

Monday thru Thursday
Register at the pool.

Aqua Exercise

Follow the leader in this fun, upbeat water resistance fitness workout!

2/22-6/2 7:00-8:00pm
$3.50 / class
$30.00 / 10-class card

Lap Swim

Swim pool lengths at your own pace. Reduce stress and get in shape in an environment easy on your joints!

2/22-6/2 7:00-9:00pm
$2.50 / swim
$20.00 / 10-swim card

Call 625-5223 to confirm program dates if inclement weather.

Rocklin Wave

The Rocklin Wave is entering its eighth season of youth recreational swim team competition. The Rocklin Wave season consists of swim practices, meets and championships.

Contact the team at www.rocklinwave.com or at (916) 497-1444.

Discover Diving

Ages 12+
Class meets on a monthly basis. Dates to be determined.

Scuba diving is adventurous, challenging, and fun. We are offering evening and weekend classes in conjunction with Nautilus Diving and Sports Center. Classes include instruction, supervision and use of scuba equipment for pool classes.

For details, please call (916) 624-DIVE (3483).

Classes : Adult

The full Class Schedule will be available after Jan. 24. See page 14 for locations where schedules can be obtained, or call (916) 625-5200. Registration form on page 15.

Aerobic Dance and Exercise

Ages 18+
Monday, Wednesday, and Friday

Exercise your body and refresh your spirit with easy-to-follow aerobic dance classes. A low-impact exercise program, designed for all ages.

Sunset Yoga

Ages 13+
Wednesday

This Yoga class is designed to meet your need to relax at the end of your day. Release deep-seated tension and stress through stretching and breathing exercises. Develop strength, balance, and a sense of harmony.

TLC Aerobics

Ages 18+
Tuesday & Thursday

Improve cardiovascular functioning, endurance, muscle tone, and coordination. Improve flexibility through relaxation, deep breathing exercises, and stretching techniques.

Enjoy the benefits of aerobics with the rhythm of Broadway tunes and easy to learn dance steps. Bands and hand weights optional. Betty is a credentialed physical fitness teacher and licensed nurse. She is experienced and knowledgeable of the issues facing seniors.

Adult Tap

Ages 16+
Mondays

Learn to do the old soft shoe and other common tap steps in this beginning level class. Learn basic tap steps and simple combinations from long-time instructor Sue Inman.

Ballroom Dance

Ages 15+, Thursdays

Have fun, meet new people, and enjoy the dance! Catch the excitement of learning to dance, or brush up on already acquired skills. Each session focuses on one dance, giving a solid base upon which to progress. Couples and singles welcome.

Salsa I
Salsa II
E/C Swing I
E/C Swing II

International Review

Students must have had beginning level international Waltz, Fox Trot, Quick Step and Tango.

Cha Cha I
Cha Cha II
Rhumba I
Rhumba II
Tango I
Tango II
Waltz I
Waltz II

Country Line Dance

Ages 16+ or 12-16 with a parent, Wednesdays

Exercise and stay fit in a fun way! Dance to the quality sound of Pro-Audio equipment and Top Country hits while improving your skills as a dancer. Make new friends and meet people while learning new and traditional dances. Quality instruction by one of the area's leading line dance instructors.

Beginning and Intermediate classes available.

Wild Horses

Country Western Line Dances

First Friday of the month at Spring View School, 7:30-10:00pm.

See page 21 for dates & details.

Watermedia, Processes and Possibilities Workshop

(focus on rice paper collage)
Ages 16 to Adult

Open new doors to traditional watercolors as we use oriental rice papers, acrylics, metallic permanent marker, gesso, and more to stretch creativity and skills. No previous experience required. Materials will be provided. *Includes $14 material fee.*

Classes : Adult

The full Class Schedule will be available after Jan. 24. See page 14 for locations where schedules can be obtained, or call (916) 625-5200. Registration form on page 15.

American Red Cross First Aid & CPR

Ages 14-Adult — Monday, Wednesday, Friday

Red Cross courses listed fulfill requirements for emergency medical personnel and occupational needs. Book is required for Community CPR and Community First Aid & Safety and may be purchased for $15 at the Rocklin Sunset Center or American Red Cross offices. ***Book is required.***
(See our web site for dates and times, or call 625-5200.)

Community First Aid & Safety
Monday, Wednesday, Friday

Learn emergency rescue procedures for adult, infant, and child in choke rescue, rescue breathing, and CPR. Includes basic first aid procedures for cuts, burns, broken bones and sudden illness, fainting, diabetes, poisoning, overexposure to heat and cold. Upon successful completion, participants will receive a certificate for Adult, Child & Infant CPR valid for one year, and a First Aid certificate valid for three years. ***Book Required.***

Adult CPR & First Aid
Monday, Friday

Learn emergency rescue procedures for the adult in choke rescue, rescue breathing, and CPR. Includes basic first aid and procedures for cuts, burns, broken bones and sudden illness, fainting, diabetes, poisoning, overexposure to heat and cold. Upon completion, receive an Adult CPR certificate valid for one year, and a First Aid certificate valid for three years. ***Book Required.***

Community CPR
Monday, Wednesday

Learn emergency rescue procedures for adult, infant and child in choke rescue, rescue breathing and CPR. Upon successful completion, participants will receive a certificate for Adult, Child & Infant CPR valid for one year. ***Book Required.***

Basic First Aid *Friday*

Learn basic first aid procedures for cuts, burns, broken bones and sudden illness, fainting, diabetes, poisoning, over exposure to heat and cold. Does not include CPR training. Upon completion, receive a First Aid certificate valid for three years. ***Book Required.***

First Aid Supplement
Friday

Participants must have completed an Adult CPR course within the past 12 months to attend this course. CPR cards will be checked prior to the start of class. Upon completion, receive a First Aid certificate valid for three years. ***Book Required.***

American Red Cross Re-certification

Red Cross courses listed are designed to recertify your current training. Come prepared to provide proof of current training and certification within the past 12 months. The following courses fulfill requirements for emergency medical personnel and occupational needs.

Adult CPR *Ages 14+, Thursdays*

Designed for you to recertify your Adult CPR card. Upon completion, participants will receive a certificate for Adult CPR valid for one year.

Community CPR *Ages 14+, Thursdays*

Designed for you to recertify your Adult, Child & Infant CPR card. Upon successful completion, participants will receive a certificate valid for one year.

Hunter Safety

Ages 16+, Saturday

This state-approved course includes safety instruction for rifle, shotgun, handgun, and bow and arrow. Topics include wildlife conservation, ethics, sportsmanship, first aid, survival, and game care. Hunter Safety card is issued upon completion of class. **NO GUNS OR LIVE AMMUNITION!**

MANDATORY, PRE-CLASS WORKBOOK ASSIGNMENT DISTRIBUTED AT REGISTRATION TIME.

Golf Lessons

Ages 10 to Adult, Saturdays

Under the instruction of Sunset Whitney Country Club golf professionals, students learn the basic fundamentals of golf, including full swing, chipping, and putting. Clubs and balls are available upon request, but most golfers bring their own. Dress code strictly enforced. Call (916) 624-2610 for details.

Financial Strategies for Successful Retirement

Adults
Tuesdays or Thursdays

This Course will equip you with the facts you need to prepare for a financially secure retirement. Learn to seek maximization of your income and get more from investments. Learn how to protect your hard-earned money from inflation, income taxes and erosion due to possible long-term health care needs. This workshop will show you a conservative approach to wise money management.

Your instructor provides information that is current, comprehensive and noncommercial.

Classes : Family

The full Class Schedule will be available after Jan. 24. See page 14 for locations where schedules can be obtained, or call (916) 625-5200. Registration form on page 15.

Ice Skating at Skatetown Ice Arena

Ages 6-11, Thursdays

Smooth Skating

If you are a beginner ice skater, this is the class for you. Learn forward and backward skating, swizzles, one-foot glides, a two-foot spin, and much more.

Includes skate rental and a 30-minute supervised practice session from 5:45-6:15pm.

Lace 'Em Up Ice Hockey

If you are a beginner, this is the class for you. Learn forward and backward skating, swizzles, one-foot glides, stick handling, passing and shooting.

Includes skate rental and a 30-minute supervised practice session from 5:45-6:15pm.

Roller Skating

Ages 3-12
Tuesdays or Saturdays

Certified instructors teach the basic elements of roller skating, emphasizing balance, coordination, and self-confidence. Students should arrive 15 minutes early for skate fittings. Skate rental included in class. ***Children under 5 may be accompanied by an adult. Parents may pay $4.00 to attend open skate.***

Open Skate for Roller Skating

$4.00/parents

Saturdays 10:00-11:30am

Tuesdays 4:30-6:30pm, 5/17-6/14 and 8/30-9/27

1:00-4:00pm from 6/14 - 8/23

Free for participants!

Engineering FUNdamentals

Ages 7-9 and 9-12
Monday - Friday

LEGO products will be used to teach engineering concepts to kids... and their parents! Parent and child work together. Explore concepts in physics, mechanical engineering, structural engineering, and architecture while playing and learning together.

Each child should be accompanied by an adult 18+, but may come alone. *This class is not affiliated with the LEGO group.*

Babysitters Training

Ages 11-14, Saturday

Course topics include characteristics and basic care of children, playing with and supervising children, accident prevention and emergency actions, and customer relations. *Red Cross certificate issued upon successful completion of course. Book included. Bring a lunch.*

Dog Training: Intro to Agility

Beginner-Advanced
Ages 10 & over, Mondays
Dogs ages 6 months+

A positive, non-aggressive approach to training and problem solving. Gain an understanding of canine behavior and develop a relationship with your dog based on trust and mutual respect.

Levels: beg, int, adv & competition, based on instructor's discretion. Advanced classes meet from 7:30-8:30pm. Beginners work on a 6' leash. Intermediate work requires a 15'-30' leash and will start to work off leash. Advanced work will polish your skills.

The Studio Group Guitar Lessons

Guitar for Beginners and Beyond

Introduction to Guitar

Ages 12 & under, and 12 & over, Tuesdays

This four-week course introduces the different parts of the guitar, the names of the strings, and how to tune the guitar. You will learn three very easy chords, songs, coolest scale, and the "E" minor blues scale. So if you have ever thought about playing the guitar, what do you have to lose?

Electric Guitar

12 years and older, Tuesdays

This course concentrates on electric guitar techniques. Bends, Pull-offs, Hammer-on, Rakes, Sweeps, Gliss, and Trills are some of the techniques covered. The mystery of rhythm is what keeps most players from figuring out their favorite songs. We will look at rhythm in a four-step process, which will make even the most difficult rhythms easy to understand.

Advanced Guitar

Ages 17 & over, Tuesdays

A four-week course designed for the beginners who have completed the introductory course and are curious to find out what the guitar is all about.

This course is also designed for a variety of guitar players including most levels of playing ability. *The combination of four different increasingly more difficult and challenging courses encourages interaction between players of all levels of ability.*

Classes : Family

The full Class Schedule will be available after Jan. 24. See page 14 for locations where schedules can be obtained, or call (916) 625-5200. Registration form on page 15.

Tennis Classes are held at Sunset Whitney Country Club Tennis Courts

Jr. Tennis at the Club

Join tennis professional Steve Schulman and his staff at Sunset Whitney Country Club for basic tennis instruction. Class content varies depending on ability level. Students bring own tennis racquet and court shoes. For tennis questions, call Steve at (916) 624-0579.

Pee Wee
Ages 4-6 Tues/Thurs

Future Stars
Ages 6-10 Tues/Thurs

Stars
Ages 10-14 Tues/Thurs

Jr. Academy
Ages 11-17 Wed/Fri

High School Training
Ages 11-17 Wed/Fri

Summer Tennis Camps

Pee Wee
Ages 4-6 Tuesday - Friday

Future Stars
Ages 6-10 Tuesday - Friday

Stars
Ages 10-14 Tuesday - Friday

Jr. Academy
Ages 11-17 Tuesday - Friday

High School Training
Ages 11-17 Tuesday - Friday

Tennis At The Club

Ages 16+, Wednesdays

Adult Beginner Tennis Clinic

Learn basic tennis stokes such as forehand, backhand, serve, and basic game strategy in order to incorporate it all. Taught by tennis professional, Steve Schulman, and staff.

Thursdays

Adult Intermediate Tennis Drill

Intermediates must be able to hit forehand and backhand ground strokes, serve, and keep score. Students must provide their own tennis racquet and wear court shoes. For tennis questions, call Steve at (916) 624-0579.

Karate *Ages 7+, Tuesdays*

Learn martial arts for self-defense, recreation, or competition. Build respect and self-esteem through kick punches, throws, karate, gymnastics, and katas.

Options: Students may purchase gi from instructor ($45+), test for higher belt level ($30), and compete in AAU tournaments.

ADULTS WELCOME. For more information, call 927-0294.

Kickboxing

Ages 8-17, Mondays/Wednesdays

The Johnny Davis Kickboxing for Kids Club will offer the basic fundamentals of Kickboxing.

All beginners are required to complete 12 one-hour sessions (6 weeks) that will cover Kicking, Boxing, Defense, Offense, and effective self-defense techniques! You will also learn safe and simple stretching routines to enhance your flexibility.

Johnny Davis is a two-time World Champion kickboxer and author of the book, "The Art of Kickboxing."

Fencing

Have you ever wanted to learn to fence?

James Colgate has been fencing since he was a teenager and began fencing instruction at San Mateo Community College. He is a choreographer of theatrical sword fighting and has worked at Garbeau's Dinner Theatre, Placer Theatre Ballet, Peninsula Youth Ballet, Applegate Waldorf School, and Spring View Middle School in Rocklin.

Beginning Fencing

Ages 10 to 18, Thursdays

An introduction to the classical art of foil fencing. Learn the basics of footwork and proper holding and wielding of the sword. Classes are ongoing, but new students are always welcome. Equipment is provided.

Intermediate Fencing

Ages 10 to 18, Thursdays

Prerequisite: two beginning sessions and instructor approval or some fencing experience. Continue to perfect your fencing skills, learn advanced positions and movements with the weapon, and develop tactical strategies. Equipment is provided, but purchase of personal equipment is recommended at this level.

Classes : Youth

The full Class Schedule will be available after Jan. 24. See page 14 for locations where schedules can be obtained, or call (916) 625-5200. Registration form on page 15.

Tap I

Ages 5+, Tuesdays

Little ones learn basic tap steps while having fun doing song and dance. Leotard and tights preferred.

Dress Code: Plain leotard with bike shorts or tights and tap shoes sized to fit.

Pre-Jazz

Ages 5 to 8, Tuesdays

Children learn basic jazz movements to popular music and progress to dance combinations.

Dress Code: Plain leotard with bike shorts or tights. Socks or ballet slippers OK.

Jazz I

Ages 9+, Tuesdays

Children learn basic jazz movements to popular music and progress to dance combinations.

Dress Code: Plain leotard with bike shorts or tights. Socks or ballet slippers OK.

Ballet

Ages 3-12

Various Sessions Mondays, Tuesdays & Wednesdays

Students learn classical ballet fundamentals, progressing from basic positions to combinations. Each session will build upon the first. Families and friends are welcome to observe periodically, with teacher's invitation.

Kids In The Kitchen

Ages 7 to 9

Wednesday

Youngsters will get a great introduction to the adventures of cooking. Each week we will prepare (and eat) a meal and learn a new cooking technique! *Please bring a paper plate to each class!*

Kindermusik

Ages Newborn to 7 years, Mondays

Newborn-18 months

"Peek-A-Boo, I love You"

Learn ways to say "I Love You" using touch, Mother Goose rhymes, literature, books and chants. Activities include instrument play, American Sign Language, and special parent-baby dances that stimulate baby's eyes, body, and mind.

$40 one-time material fee.

Ages 1.5-3.5 years

"Creatures at the Ocean"

Come sing, dance, play instruments, have story time, and lots more while learning about the great outdoors and animal friends in the ocean. This delightful class engages the curiosity, natural musical gifts and sensitivity of young children.

$45 one-time material fee.

Ages 1.5-3.5 years

"Zoo Train"

Tag along this summer with a traveling zoo-train; bring your own stuffed animal for the petting zoo; wear long white socks on your hands for polar bear paws, and learn about real animals in the zoo.

$45 one-time material fee.

Ages 3-5 years

"Confetti Days"

Come sing, dance, play instruments, have story time, and lots more while learning about the timeless treasures of social celebrations in our musical heritage. Songs and activities were selected to represent ways that children all around the world celebrate the joy of being children!

$50 one-time material fee.

Ages 3-5 years

"On the Road"

Take imaginary trips through crafts, using simple materials.

$45 one-time material fee.

Ages 5-7 years

"Adventures Around The World"

Summer camp takes on a whole new meaning as children learn about life, fun, and music making in new and exciting places. Children take on an international journey as they experience a variety of cultures around the world.

$45 one-time material fee.

Classes : Youth

The full Class Schedule will be available after Jan. 24. See page 14 for locations where schedules can be obtained, or call (916) 625-5200. Registration form on page 15.

Watercolor Greeting Cards and Gift Tags

Ages 8-12, Tuesday

Create beautiful greeting cards and gift tags using watercolor technique. High quality paints, papers and accessories will be provided. Class size is limited.

Includes materials fee.

Open Art Studio

Ages 10+, Wednesdays

This exceptional Art Class is a combination of producing art that is gratifying to the student and finding an individual path for personal artistic expression and style. Students will explore all art mediums including watercolor, acrylic, pastels, gouache, charcoal, and mixed mediums.

Includes $15 material fee.

Small Hands Art Class

Ages 4-6, Saturdays

No experience needed! These one-of-a-kind energetic artist workshops give children a taste to spark their creative learning abilities while acquiring memorable drawing methods. Informative sessions are geared to the young child's attention, developmental skills, and motor coordination. There are no mistakes! A masterpiece is accomplished at every class!

Includes $12 material fee.

Drawing Wildlife and Animal Art

Ages 6+, Saturdays

Watercolor Giraffes - Charcoal Chimps - Pastel Parrots

With over 100 different animals used for our subjects, these workshops investigate the fundamental approach to art, develop drawing and sketching skills, and explore the application of color using mixed media. Students will learn to enhance and express their creativity, imagination, and artistic confidence in a noncompetitive atmosphere.

Includes $12 material fee.

DESIGNING POKEMON, DRAGON BALL Z, SAILOR MOON AND MORE!

Japanese Anime Cartoon Art!

AGES 8+, SATURDAYS

This class is for beginning or advanced students who can't get enough of "Japanese Anime." Students will get complete instructions on creating some of their favorite characters, or designing their own anime character.

Emphasis is on cartooning with step-by-step instructions on heads, hands, eyes, expressions, shading, and background. Students will learn techniques in illustration, inking, and coloring with watercolor pencils and markers.

Includes $12 material fee.

CITY OF ROCKLIN 1893

See pages 2-3 for Aquatics listings.

Join us for all your family's swim lesson needs.

Our instructors are well-trained, and they care about you and your child's success!

More Choices! More Fun!

For Aquatic schedules and information, call: (916) 625-5200

Complete Aquatics Schedule will be available February 25 - see page 14 for locations.

Kids Junction

Grades K-6, 2004-05 School Year Program

The City of Rocklin Kids Junction program is a state-licensed, self-supporting before and after school recreation program, which provides supervised activities for children in grades K-6. Daily activities may include: games, arts and crafts, sports, snack, homework time, and fun play. Our program is designed to promote the physical, mental and emotional health of school-aged children. Rocklin Community Services sponsors this program.

PROGRAM SCHEDULE

Program dates: August 18, 2004 - June 2, 2005

Open registration: This is an ongoing program and is open for registration until the site is full.

Daily hours: Monday - Friday from 7am until school begins and from school release time until 6pm.

We observe the same holiday schedule as the Rocklin Unified School District.

Grades 1-6 Fees

Before & After School (grades 1-6)	$20 per day
Before School Only (grades 1-6)	$10 per day
After School Only (grades 1-6)	$15 per day
Registration Fee (non-refundable)	$75 per child
Non-resident fees	add 25%

Kindergarten Fees

Kinder Before & After School	$24 per day
AM Kinder Before School	$5 per day
PM Kinder Before School	$15 per day
AM Kinder After School	$21 per day
PM Kinder After School	$15 per day
Registration Fee (non-refundable)	$75 per child
Non-resident fees	add 25%

LOCATIONS

Antelope Creek School *6185 Springview Drive*	625-5257
Breen School *2751 Breen Drive*	625-5256
Cobblestone School *5740 Cobblestone Street*	625-5250
Parker Whitney School *5145 Topaz Avenue*	625-5251
Rock Creek School *2140 Collet Quarry Road*	625-5266
Rocklin School *5025 Meyers Street*	625-5258
Sierra School *6811 Camborne Way*	625-5253
Twin Oaks School *2835 Club Drive*	625-5252
Valley View School *3000 Crest Drive*	435-3571
Ruhkala School *Opens Fall of 2005*	TBA

BILLING

Tuition will be billed monthly and calculated according to the schedule your child is registered, based on the daily fees listed above. Billing statements will be issued by the 5th of each month, due and payable by the 15th.

Spring Camp

Dates: March 21-25 & 28
Price: $156
Sites: Parker Whitney, Rocklin and Twin Oaks

Summer Camp

Registration Date: Saturday, May 14

Location: Rocklin KJ
Starts: June 6
Price: $30/day $140/week
Sites: TBA

Summer Camp Information

We will have Summer Camp information available in April! See Page 14 for locations where information will be available. Look for all our great camps!

Aa Bb Cc **Preschool** Dd Ee Ff

The City of Rocklin Preschool 2005-2006

Under the direction of credentialed teacher Michele Young and coordinators Penny Bundy and Katherine Magoffin, the preschool program is designed to prepare your child for entrance into school. The program emphasizes group learning in a positive environment.

Activities include art, music, language development, socialization, and monthly field trips. ***Participants in all City of Rocklin Preschool programs must be toilet-trained.***

Fees

Rocklin residents: $15.50 for three hours per day, pre-paid monthly

Non-residents: $18.50 for three hours per day, pre-paid monthly

No credit for missed classes due to illness, vacation, etc.

A $75.00 registration fee (non-refundable) is charged at the time of registration. Tuition is paid on a monthly basis. All fees are subject to change.

2005/2006 Registration

A lottery registration procedure will be utilized this year for Rocklin residents. The 2005/2006 registration forms will be available March 1, 2005. Rocklin residents need to bring a completed preschool registration form, photo copy of child's birth certificate, shot records and parent's proof of auto insurance, and a first, second and third preference for classes, along with a $75.00 registration check between the dates of April 1-April 15, 2005, to the Rocklin Sunset Center, Monday- Friday between 8:00am-5:00pm. All registration forms will be assigned a number that will be selected through the lottery system. ***Parents will be contacted April 18-22, 2005, to confirm their registration in the preschool.*** In the event that the City of Rocklin Preschool is unable to accommodate the parent with a class that is acceptable, the registration fee shall be returned. Children currently attending the City of Rocklin Preschool will be given priority registration. Non-Rocklin residents can register by calling Penny Bundy at (916) 632-4164 on May 2, 2005.

The City of Rocklin Preschool I

3rd Street Recreation Center
5540 3rd Street, Rocklin
August 22, 2005, through June 2, 2006

Birthdate	Class	Days	Times
6/3/02-12/2/02	Three School	T/Th	8:30-11:30 am
12/3/01-6/2/02	Kids School	T/Th	12:00-3:00 pm
6/3/01-12/2/01	Kinderschool	M/W/F	8:30-11:30 am
12/3/00-6/2/01	Prep School	M/W/F	12:00-3:00 pm

The City of Rocklin Preschool II

5th Street Recreation Center
5484 5th Street, Rocklin
August 22, 2005, through June 2, 2006

Birthdate	Class	Days	Times
6/3/01-12/2/01	Enrichment Class	M/W/F	8:30-11:30 am
12/3/00-6/2/01	Readiness Class	T/Th	8:30-11:30 am
		& Fri	12:00-3:00 pm
12/3/99-3/2/01	Pre K Class	M, T, W, Th	12:00-3:00 pm

The City of Rocklin Preschool III

Rock Creek Elementary School
2140 Collet Quarry Dr., Rocklin
August 22, 2005, through June 2, 2006

Birthdate	Class	Days	Times
6/3/02-12/2/02	Voyager Class	T/Th	8:30-11:30 am
12/3/01-6/2/02	Explorer Class	T/Th	12:00-3:00 pm
6/3/01-12/2/01	Discovery Class	M/W/F	8:30-11:30 am
12/3/00-6/2/01	Odyssey Class	M/W/F	12:00-3:00 pm

The City of Rocklin Preschool IV

Ruhkala Elementary School
6530 Turnstone Way, Rocklin
August 22, 2005, through June 2, 2006

Birthdate	Class	Days	Times
6/3/02-12/2/02	Safari Class	T/Th	8:30-11:30 am
12/3/01-6/2/02	Frontier Class	T/Th	12:00-3:00 pm
6/3/01-12/2/01	Pioneer Class	M/W/F	8:30-11:30 am
12/3/00-6/2/01	Journey Class	M/W/F	12:00-3:00 pm

The PreK Class in The City of Rocklin Preschool II is designed for children who wish to attend another year of preschool.

The City of Rocklin Preschool Summer Camps 2005

				Birthdate
Session I	"Adventures with Storybooks"	July 5-15	9:00-11:30am	12/3/00-12/2/02
Session II	"Adventures with The Ocean"	July 18-July 29	9:00-11:30am	12/3/00-12/2/02
Session III	"Adventures with Music"	August 1-12	9:00-11:30am	12/3/00-12/2/02

All sessions will be taught at the 3rd Street Recreation Center and Rock Creek Elementary School site. The cost of Session I is $108.00; Sessions II & III are $120. Each session includes daily snacks. Camps are limited to 27 children, ages 3-5 years old. Open registration begins on April 19, 2005. For more information, visit our web site at www.ci.rocklin.ca.us.

Parks & Facilities : Rental

Whether hosting a wedding reception, conference, or family reunion, the City of Rocklin offers a variety of rental facilities to suit your recreation or business needs.

Finnish Temperance Hall

4090 Rocklin Road

This is a California Point of Historical Interest building. This historic building has been fully restored to preserve the charm of old-time Rocklin. *The 2250 square-foot hall has beveled and stained-glass windows, an adjoining kitchen, and ample parking.*

Seating capacity: 144 Banquet

Johnson-Springview Park Picnic Pavilion

5480 5th Street

The Johnson-Springview Picnic Pavilion is surrounded by magnificent oak trees and 132 acres of open space. *The Picnic Pavilion has 6 barbecues and 33 picnic tables and can seat up to 330 people for your company barbecue or family reunion.* The park is equipped with restrooms.

3 Units *(rented separately)*: **Each with 2 BBQs and 11 tables**

Rocklin Community Center

5480 5th Street

This one-story, brick building is backdropped against the beautiful 132-acre Johnson-Springview Community Park.

The Community Center has a large reception hall and an adjoining kitchen. The Community Center is located adjacent to the Picnic Pavilion.

Seating capacity: 178 Banquet

Sunset Center

2650 Sunset Boulevard

The Sunset Center is an ideal location for conferences, weddings, receptions, corporate meetings, and other community functions. This facility has a main hall, Sunset Room (large meeting room), large kitchen, eight meeting rooms, stage & ample parking.

Main Hall seating capacity: 320 Banquet
Sunset Room seating capacity: 96 Banquet

Parks & Facilities : Rental Inquiry

Interested in Renting a Facility?

Return completed form to the City of Rocklin Sunset Center, 2650 Sunset Blvd, Rocklin, CA 95677

Name_____

Address_____

City_____ Zip_____

Phone (Home)_____ (Work)_____

Best Time to Call (Between 9:00am-5:00pm)_____

Email Address_____

Please check which facility you are interested in *(capacities listed below)*:

- ☐ Sunset Center Main Hall
- ☐ Sunset Center Sunset Room
- ☐ Sunset Center Classroom Room #_____
- ☐ Community Center
- ☐ Community Center Meeting Room
- ☐ Finnish Temperance Hall
- ☐ Johnson-Springview Park Picnic Pavilion

Function: _____

Date interested in renting (mm/dd/yy): _____

# of People Attending: _____

Comments:_____

Capacities of the Facilities

Community Center Main Hall
5480 Fifth Street, Rocklin
381 Assembly/178 Banquet

Community Center Meeting Room
5480 Fifth Street, Rocklin
35 Assembly/16 Banquet

Finnish Temperance Hall
4090 Rocklin Road, Rocklin
309 Assembly/144 Banquet

Johnson-Springview Park Picnic Pavilion
5480 Fifth Street, Rocklin
Unit #1 Seats 110
Unit #2 Seats 110
Unit #3 Seats 110

Sunset Center Main Hall
2650 Sunset Blvd, Rocklin
775 Assembly/320 Banquet

Sunset Center Sunset Room
2650 Sunset Blvd, Rocklin
288 Assembly/96 Banquet

Sunset Center Classrooms
2650 Sunset Blvd, Rocklin
36-90 Assembly/32-84 Banquet

For Rental Pricing Information, Please Call the City of Rocklin, CS&F Dept., Recreation Facilities Unit at (916) 625-5227, 9:00am-5:00pm

Parks & Recreation : Find It Here!

Class schedules *available at these locations beginning January 24th.* ***Aquatics schedules*** *available at these locations beginning February 25th. Call (916) 625-5200 for more information or to request a schedule by mail.*

Box Car Kids:
4500 Pacific Ave., Rocklin

Bright Beginnings:
3303 Southwind Cir., Rocklin

California Health Fitness:
2511 Warren Dr, Rocklin

Chamber of Commerce:
5055 Pacific St, Rocklin

Children's World:
3431 Marlee Way, Rocklin

City Hall:
3980 Rocklin Rd, Rocklin

City of Rocklin, Admin. Office:
3970 Rocklin Rd, Rocklin

City of Rocklin Fire/Police Dept:
4060 Rocklin Rd, Rocklin

City of Rocklin Planning Dept:
3970 Rocklin Rd, Rocklin

Corporation Yard:
4081 Alvis Ct, Rocklin

Del Web Lincoln Hills:
1050 Del Webb Blvd, Lincoln

Del Webb Sun City:
985 Sun City Ln, Lincoln

Finn Hall:
4090 Rocklin Rd, Rocklin

JD's:
3700 Midas Ave, Rocklin

La Bou:
6801 Five Star Blvd, Rocklin

La Petite Preschool:
5820 Stanford Ranch Rd, Rocklin

Lynn Rock Senior Apartments:
6105 Sunset Blvd, Rocklin

Phoenix School Preschool:
2213 Sunset Blvd, Rocklin

Placer County Visitors Council:
13411 Lincoln Way, Auburn

Placer Herald:
4253 Rocklin Rd, Rocklin

Rocklin Library:
5460 5th St, Rocklin

Rocklin Preschool:
5540 3rd St, Rocklin

Rocklin Sunset Center:
2650 Sunset Blvd, Rocklin

Roseville Library:
225 Taylor St, Roseville

Sierra College Daycare:
4745 & 5000 Rocklin Rd, Rocklin

Sierra College Library:
5000 Rocklin Rd, Rocklin

Sierra Lake Mobile Home Park:
4300 Rocklin Rd, Rocklin

Springfield @ Whitney Oaks:
2805 Springfield Dr, Rocklin

Sunset Whitney Country Club:
4201 Midas Ave, Rocklin

Taco Bell on Rocklin Road:
4340 Rocklin Rd, Rocklin

Treehouse Learning Center:
4500 Tuttle Dr, Rocklin

Whitney Oaks Country Club:
2305 Clubhouse Drive, Rocklin

You can also check the City of Rocklin Web site:
www.ci.rocklin.ca.us

Schools

Antelope Creek Elementary:
6185 Springview Dr, Rocklin

Breen Elementary:
2751 Breen Dr, Rocklin

Cobblestone:
5740 Cobblestone Dr, Rocklin

Granite Oaks:
2600 Wyckford Blvd, Rocklin

Loomis District Office:
3290 Humphrey Rd, Loomis

MMCA Maria Montessori Charter Academy:
3175 Sunset Blvd # 100, Rocklin

Parker Whitney:
5145 Topaz Ave, Rocklin

Rock Creek:
2140 Collet Quarry Dr, Rocklin

Rocklin Elementary:
5025 Meyers St, Rocklin

Rocklin District Office:
2615 Sierra Meadows Dr, Rocklin

Rocklin High School:
5301 Victory Ln, Rocklin

Sierra:
6811 Camborne Wy, Rocklin

Sierra Christian Academy:
6900 Destiny Dr, Rocklin

Spring View Middle School:
5040 5th St, Rocklin

Twin Oaks:
2835 Club Dr, Rocklin

Valley View:
3000 Crestwood Wy, Rocklin

Victory High:
3250 Victory Dr, Rocklin

Registration Information

Registration for classes begins Monday, February 7, 2005

Walk-In

Sign up in person at:

The City of Rocklin
Community Services-Recreation Office
Sunset Center
2650 Sunset Blvd

Office Hours:

Monday - Friday
8:30am - 5:00pm

Mail-In

Send to:

Class Registration
Community Services-Recreation Dept
2650 Sunset Blvd
Rocklin, CA 95677

Please enclose completed, signed registration form with check or money order, payable to: "City of Rocklin."
Send at least a week before start of class date. We service walk-ins first.
Call for registration confirmation.

Drop It Off

After-hours registration may be dropped in the drive-up mail box near the marquee.

Website

Program information can be found on our website:
www.ci.rocklin.ca.us.

We do not offer online registration.

Waiting List

Once a class is filled, a waiting list will be taken. You may call 625-5200 to be placed on a waiting list. Advance registration is required for all classes and special programs. Classes may be cancelled due to insufficient registration.

Every effort is made to ensure that the information printed in the Recreation Guide is accurate; however, please be aware that program dates, prices, or descriptions may change periodically. In the event of a program change, every effort will be made to notify registrants in a timely manner.

Registration Form

Class registration begins Monday, February 7, 2005

Participant or legal guardian must complete the form in its entirety prior to the first class meeting.

Please make checks payable to the **"City of Rocklin"** and submit form with payment to:
Rocklin Community Services, 2650 Sunset Blvd, Rocklin, CA 95677

Participant's **LAST NAME:** _____

Address _____ City _____ Zip _____

Phone (Home) _____ (Work) _____

Email Address _____

Emergency Contact: Name _____ Phone _____

Participant(s) First Name (s)	DOB	Class Name	Registration Code	Price	Office

Class Confirmation notices will NOT BE SENT. Consider yourself registered unless otherwise notified.

Refund Policies

Refunds are issued only if a class is cancelled by the Department, and when date, time, or location of class changes to prohibit attendance. Allow up to 30 business days for processing. Refund requests must be in writing. Forms are available in the Community Services-Recreation Office.
All requests are subject to approval. Request forms must be submitted at least three days prior to class start date. No other refunds, credits, or transfers will be made except under special circumstances.

Release & Indemnity

In consideration for being permitted by the City of Rocklin to participate in the above activity(ies), I hereby waive, release and discharge any and all claims for damages for personal injury, death, or property damage which I or my child (if participating) may have, or which hereafter accrue to me, or my child, against the city as a result of my or my child's participation in the activity(ies). This release is intended to discharge the city, its officers, officials, employees and volunteers, and any other involved public agencies from and against any and all liability arising out of or connected in any way with my or my child's participation in the activity(ies), even though that liability may arise out of the negligence or carelessness on the part of the persons or public agencies mentioned above. I further understand that accidents and injuries can arise out of the activity(ies); knowing the risks, nevertheless, I hereby agree to assume those risks and to release and to hold harmless all of the persons or agencies mentioned above who (through negligence or carelessness) might otherwise be liable to me, or my child (or my or my child's heirs or assigns) for damages. It is further understood and agreed that this waiver, release and assumption of risk is to be binding on my and my child's heirs and assigns. In addition, I agree to indemnify and hold harmless city and its officers, officials, employees and volunteers from and against all claims, damages, losses and expenses including attorney fees arising out of my or my child's participation in the activity(ies) described above, caused in whole or in part by my or my child's negligent act, except where caused by the active negligence, sole negligence, or willful misconduct of the city.

I HAVE CAREFULLY READ THE ABOVE RELEASE & INDEMNITY AGREEMENT AND FULLY UNDERSTAND ITS CONTENTS. I AM AWARE THAT THIS IS A RELEASE OF LIABILITY AND AGREEMENT TO INDEMNIFY THE CITY AND I SIGN IT OF MY OWN FREE WILL.

Signature of Participant (if under 18, Parent or Guardian) _____

Date _____ **Name (Please Print)** _____

Photograph Release

I hereby grant to the City of Rocklin the absolute and irrevocable right and permission to use, reuse, and publish all pictures of me or my child taken in the course of City of Rocklin business. I fully understand that I hold no control over the use of the photograph(s) of which I or my child is a part. Further, I grant to the City of Rocklin, and those who the city may represent, the right to use my name or my child's name. I hereby release the City of Rocklin from any and all claims and demands arising out of, or in connection with, the use of the photograph(s), including any claims of libel. This authorization and release shall also apply to those working with, or in connection with, the City of Rocklin, as well as the person(s) who took the photograph(s). ***I have fully read the foregoing and completely understand the contents.***

Signature of Participant (if under 18, Parent or Guardian) _____

Date _____ **Name (Please Print)** _____

Amount:_____ **Rect #**_____ **Check #**_____ **Date**_____ **By**_____

Amount:_____ **Rect #**_____ **Check #**_____ **Date**_____ **By**_____

Amount:_____ **Rect #**_____ **Check #**_____ **Date**_____ **By**_____

Rocklin Recreation Opinion Survey

Let us know how we're doing!

Service, program, class or facility you are rating: _____

Date(s) of use or attendance: _____

Personal Information ***(optional):***

Name: _____

Address: _____

Phone: _____

Email: _____

I was satisfied with service, program, or class.

Strongly Agree 1 2 3 4 5 Strongly Disagree

I was satisfied with instructor, coordinator or staff.

Strongly Agree 1 2 3 4 5 Strongly Disagree

I was satisfied with the facilities.

Strongly Agree 1 2 3 4 5 Strongly Disagree

I was satisfied with times offered or available.

Strongly Agree 1 2 3 4 5 Strongly Disagree

I was satisfied with the materials or amenities provided.

Strongly Agree 1 2 3 4 5 Strongly Disagree

The information provided was clear, relevant and effective.

Strongly Agree 1 2 3 4 5 Strongly Disagree

I was satisfied with content of course offered.

Strongly Agree 1 2 3 4 5 Strongly Disagree

I was satisfied with the registration process.

Strongly Agree 1 2 3 4 5 Strongly Disagree

I would most likely return to/or refer the City of Rocklin for programs, activities, or services.

Strongly Agree 1 2 3 4 5 Strongly Disagree

What suggestions do you have to improve our city programs, activities, or services?

_____

Thank you for your feedback!

PLACE POSTAGE HERE

City of Rocklin
Community Services - Recreation Office
2650 Sunset Blvd.
Rocklin, CA 95677-2720

Rocklin Area Telephone Numbers

Presented as a public service to help you make connections with your community organizations and local utilities.

City of Rocklin Services

Administrative Services 625-5000
Aquatics Complex 632-4190
City Manager 625-5560
City Clerk 625-5560
Community Services Parks & Facilities 625-5275
Community Development Dept. 625-5100
Building Division 625-5120
Engineering Division 625-5140
Fire Dept. 625-5300
Planning Dept. 625-5160
Police Dept. 625-5400
Public Works Dept. 625-5500
Recreation Division 625-5200
Automated City Job Line 632-5500
TDD 632-4013
Sports Hotline 492-6213

City of Rocklin Preschool Sites

Registration Info 632-4164
Rocklin Preschool I 632-4119
Rocklin Preschool II 625-5263
Rocklin Preschool III 625-5265

City of Rocklin Kids Junction School Sites

Antelope Creek 625-5257
Breen 625-5256
Cobblestone 625-5250
Parker Whitney 625-5251
Rock Creek 625-5266
Rocklin 625-5258
Sierra 625-5253
Twin Oaks 625-5252
Valley View 625-5255

City of Rocklin Teen Center Sites

Granite Oaks Middle School 625-5261
Spring View Middle School 625-5260

Community Directory

Chamber of Commerce 624-2548
DMV ..... (800) 777-0133
Rocklin Post Office ..... (800) 275-8777
Rocklin Branch Public Library
5460 5th Street 624-3133

Sunday ..... Closed
Monday 10am-8pm
Tuesday 10am-8pm
Wednesday 10am-6pm
Thursday 10am-6pm
Friday 10am-5pm
Saturday 10am-5pm

Check out the preschool storytime Thursdays or Fridays 10:30- 11:00 am. Visit the library for more details.

Rocklin Public Schools

Rocklin Unified School District 624-2428
Antelope Creek Elementary 632-1095
Breen Elementary 632-1155
Cobblestone Elementary 632-0140
Parker Whitney Elementary 624-2491
Rock Creek Elementary 788-4282
Rocklin Elementary 624-3311
Sierra Elementary 788-7141
Twin Oaks Elementary 315-1400
Valley View Elementary 435-4844
Granite Oaks Middle School 315-9009
Spring View Middle School 624-3381
Rocklin High School 632-1600
Victory High School 632-3195
Sierra College 624-3333
Rocklin Academy 435-4750

Youth Organizations

Rocklin Girls Fast Pitch Softball 625-1510
Rocklin Jr Thunder Football & Cheer
Hot Line 497-1369
www.jrthunder.com
Rocklin Little League 632-7756
Rocklin Wave Swim Team 497-1444
Rocklin Youth Soccer Club 773-7217
Tri City Little League 773-4454

Other Agencies

American Red Cross
Auburn ..... (530) 885-9392
Sacramento 368-3131

Senior Services

Foothill Cafe 624-2667
Meals on Wheels ..... (530) 888-7137
Placer County Health Department, *Preventive Health Care for the Aging* ..... (530) 889-7164

Utilities

Auburn Placer Disposal ..... (530) 885-3735
P G & E ..... (800) 743-5000
PCWA ..... (530) 823-4850
SBC Communications
New Telephone Service ..... (800) 310-2355
SureWest 786-3232
South Placer M.U.D. 652-5877
Starstream Communications 652-9479
(Cable T.V.)

Call 625-5200 for a FREE Rocklin park map!

Senior Programs

55 Alive Mature Driving

Ages 50+

This AARP Refresher Course, for drivers 50+ years, emphasizes SAFETY. Learn how aging changes your driving skills. Learn to assess your own skills and compensate for normal as well as hazardous driving situations and emergencies.

Receive a DMV Certificate for reduction in your insurance premium. *A $10 check to AARP is paid to instructor at first class.*

Make check payable to AARP. Please arrive on time. Call 625-5223 to register over the phone.

Location:	Sunset Center Room 103
Instructor:	AARP staff
Tues/Wed	8:30am-12:30pm
4/5 - 4/6	3114.104
6/7 - 6/8	3114.106
8/2 - 8/3	3114.108
10/4 - 10/5	3114.110

Taking Charge of Your Life

Rocklin seniors are invited to this exciting new FREE class led by Financial Analyst Joyce Marcroft. Class discussions combine realism with optimism and encourage participants to take charge of their finances, property, health and future. Topics may include volunteering, pursuing the arts, your legal protection, laws that protect seniors, senior safety, senior housing options, and other issues which arise from discussion.

Mondays

Sunset Center Room 103

February 28 - April 4

Mondays, 10:00-11:30am

3115.102

JOIN US FOR FUN AND RELAXATION!

City of Rocklin

Get Away Program

Take a trip with us. Take time to explore the beauty around us. Bring a friend, relative or spouse and make new friends along the way.

Wednesday, March 9
Silver Legacy: Reno, NV

Friday, May 13
Shop, Taste & Garden
The Vacaville Outlet Stores, then on to Gilroy for wine tasting & tour. Spend the night and tour Bonfonte Gardens the next day.

Call 625-5223 for more information or to have a flyer mailed. Registration is due at least 30 days prior to each trip.
ADDITIONAL TRIPS ARE IN THE PLANNING STAGES

Let us know of other trips that you would like added to our schedule.

Call City of Rocklin Community Services - Recreation Office for more information: 625-5223.

Registration is due at least 30 days prior to each trip.

Space is limited. Capacity controlled.

Senior Calendar

FREE Ongoing Senior Programs

Weekly Programs

Monday

Duplicate Bridge
Room 107 9:00am-1:30pm
Host: Sylvia Havens, 624-2364

Tuesday

Bridge Play
Room 103 10:00am-2:00pm
Host: TBA, 625-5223

Peer Counseling
Room 105 1:15-3:00pm
Host: Grace Klor, (530) 886-3533
Drop-in

Wednesday

Pinochle
Room 107 10:00am-4:00pm
Host: Ron Isaacson, Drop-in

Thursday

Duplicate Bridge
Room 107 12:00-3:30pm
Host: Geri Hall, 652-4343

Fun & Games
Room 105 10:00am-2:00pm
Drop-in

Friday

Video Day
Room 103 1:30-3:30pm
Host: Marian Wistrom, Drop-in

Saturday

Saturday Bridge
Room 107 10:00am-2:00pm
Host: Celie Davidson, 315-3747

Monthly Programs

1st Monday

Women's Bridge
Main Hall 9:30am-1:30pm
Host: Shirley Cervelli, 435-2012

4th Tuesday

Couple's Bridge
Room 107 7:00-9:30pm
Host: Linda Schroeder, 624-2065

1st Thursday

Men's Bridge
Room 107 6:30-9:30pm
Host: Ned Sandford, 797-3021

3rd Thursday

Couple's Bridge
Room 107 6:30-9:30pm
Host: Les Olsen, 652-0090

2nd Friday

Crafters Corner
Room 107 12:00-1:00pm
Host: City Staff, Pre-register
625-5223 : Call to reserve a spot!

Special Fridays

Hear Here
Room 103 12:15-1:15pm
Host: City Staff, Pre-register
625-5223 : Call to reserve a spot!

4th Friday

Senior Safety
Room 103
12:00-1:00pm
Host: Mike Nottoli - PD
Pre-register
625-5223
Call to reserve a spot!

Senior Trips

See Page 18, and call 625-5223 for more information, or to have a flyer mailed.

Registration is due at least 30 days prior to each trip.

Rocklin Jubilee Big Band Dance

Friday, June 10
6:00-8:00pm
$15 per couple

Rocklin Sunset Center

Call 625-5223 for pre-registration materials.

AARP Tax Aid

Ages 50+

For no-cost income tax return preparation and electronic filing, seniors and low-income residents are invited to call to make an appointment with an AARP tax advisor to discuss your personal tax return.

Please call 625-5223 to schedule an appointment. Appointments are scheduled every 45 minutes.

Location: Sunset Center, Room 105

AARP staff
February 7 - April 11
Mondays, 10:00am-4:00pm
3116.102 No Appt. 2/21

Senior Programs

Senior Health Fair

Wednesday, May 18
9:00am-1:00pm

Rocklin Sunset Center
Main Hall & Room 103
2650 Sunset Blvd.

Fun & Games Thursdays

Sunset Center, Rm 105
10:00am-2:00pm

Drop-in. Fun games may include: social card games, board games and puzzles. Players may choose from games on-hand and play for the fun of it. **Bring a sack lunch.**

First Sunday of the month:

Senior Tea Dances

$6 per person

April 3
The Love Boat Band

May 1
The Bill Rase Band

Finnish Temperance Hall 1:30-4:00pm

Foothill Cafe Senior Nutrition Program

The Foothill Cafe, a branch of the Foothill Volunteer Center, holds a daily lunch program at the Rolling Oaks Apartments, a senior complex located on Shannon Bay Drive, Monday through Friday from 8:30am - 12:30pm, serving lunch daily at 11:30. Suggested donation: $2.25 for those age 60+; $5.00 for those under 60 years old, unless accompanied by an age-qualified spouse.

Reservations must be made by 12:30pm the day before. To make a reservation, please call Ann Oliver at the Foothill Cafe at 624-2667, or call the main office at (530) 888-7137.

SPECIAL ACTIVITIES: Tuesday Pinochle, Bingo, music, and more! Call Ann to find out what fun events are scheduled for the week.

Peer Counseling

Age 55+

Join Peer Counselor Grace Klor in this free weekly support group. Talk about things that affect the daily lives of seniors like yourself. Discuss mental health issues such as attitudes on life, grief, problems, debilitating illness, loss of eyesight, and other pertinent topics. *Call (530) 886-3533 or (530) 889-7240 for an appointment or more information.*

Location:	**Sunset Center Room 105**
Instructor:	**Grace Klor**
Price:	**Free**
Tuesdays	**1:15-3:00pm**

Sierra Emeritus College

Emeritus - Retired with Honor

Make lifelong learning a personal goal. The City of Rocklin is pleased to host tuition-free, non-credit, 4-week classes for seniors in conjunction with Sierra College.

Sessions will run between February 15-March 15 and April 4-April 29.

Call (916)781-6290 to receive an Emeritus class guide in the mail, or pick one up from room 103 & 107 of the Sunset Center. Registration forms are necessary for enrollment.

Learn Financial Strategies for a Successful Retirement! *See page 5 for details!*

Senior Programs

Stretch & Fitness

Ages 50+

Stay in shape without the strenuous impact of aerobics. This class offers strength building, toning, and increased flexibility. It combines warm-up, easy stretches, non-aerobic movement, floor exercises, and quiet cool down for a fun and relaxing workout every mature adult body needs. Class meets on Mondays, Wednesdays and Fridays for a full health regimen.

Location:	Sunset Center Sunset Room
Instructor:	Sue Inman
Mon/Wed/Fri	11:00am-noon
$30R/$32NR	
2/23-3/30	3110.103
4/1-4/27	3110.104
4/29-5/25	3110.105
5/27-6/24	3110.106
6/27-7/29*	3110.107
8/1-8/26	3110.108

No class: 3/11, 3/21, 3/23, 3/25, 5/30, 7/4, 7/6, 7/8

***Moved to Room 107 on 7/1**

Tai Chi/Chi Kung

Ages 50+

Discover why millions of people enjoy Tai Chi and Chi Kung, a series of slow movements combined with deep breathing as a way to heal the body, focus the mind, and center the spirit. Exercises are easy to learn. Wear loose clothing, comfortable shoes and bring water.

Location:	Sunset Center, Sunset Room
Instructor:	Spero Asimos
Mondays	9:00am-10:00am
$50R/$55NR	
2/28-3/28	3112.102
4/4-5/9	3112.104
5/16-6/20	3112.105
7/11-8/15	3112.107
8/22-9/26	3112.108

Bridge Instruction

Beginning or Intermediate

Players interested in Bridge instruction are asked to call (916) 625-5223 to be placed on an interest list for a class or workshop.

Country Western Line Dances

Featuring Lessons & Music by Wild Horses

Wild Horses

Leather Soled Shoes Only! All ages welcome if accompanied by an Adult!

Spring View School

7:30-10:00pm • $6 per person

First Friday of the month:

(Except when the first Friday is a holiday)

February 4*	April 1	June 10*	August 5*
March 4	May 6*	July 8*	September 9

*Dances to be held at Clarke Dominguez Gym

Friday FUN!

Come early and stay for a movie! Free monthly presentations before Video Day.

Register by calling 625-5223.

Crafters' Corner

Second Friday of each month
Room 107

No experience necessary. Materials provided; there may be a small fee. Past crafts include picture frames, topiaries, and flower arrangements. Watch for project details in each monthly senior calendar.

Hear Here Special Fridays

12:15-1:15pm
Before Movie Day, Room 103

Listen to speakers as they are invited to share information on topics relevant to seniors: health, senior services, finances, travel, and more.

Senior Safety

Fourth Friday of each month
Room 103

Join Mike Nottoli the fourth Friday of the month for a safety presentation specifically with you in mind.

Blockbuster Video Day

Each Friday of the month
Room 103, 1:30-3:30pm

Come with your friends to enjoy a free afternoon movie, compliments of Blockbuster Video. Movie selections are advertised in the monthly senior calendar. Free popcorn and soda! See you there! Moviegoers are surveyed to choose future showings.

Special Announcements

All-School 6th Grade Dance

Friday, May 20, 7:00-9:00pm

$3.00 advanced • $4.00 at the door

The City of Rocklin Station Xtreme teen staff will host the second annual All-School 6th grade Dance at the Sunset Center on Friday, May 20 from 7:00-9:00 pm. DJ music, contests, raffle prizes and a snackbar will all be a part of this great introduction to the Station Xtreme Teen program and staff.

Tickets will be $3.00 in advance at the Sunset Center beginning May 9, and $4.00 at the door.

Work and Have Fun!

If you enjoy working with children, assisting with special events, or leading sports activities, then we want you!

Applications for our Summer Aquatics Program are currently being accepted. Interviews will follow. The length of employment for our Aquatics Program is June 7 through August 15.

To apply for a position with the City of Rocklin, applicants must submit an official application form. Job descriptions and application forms can be obtained at the Community Services Department, 2650 Sunset Blvd., Rocklin, CA 95677.

The City of Rocklin is an Equal Opportunity Employer. If you possess any disabling limitation that would require test or interview accommodations, please inform our office in writing upon submittal of the application. Medical disability verification may be required prior to accommodation. *Call us today! 625-5200.*

The Community Services-Recreation Division has a variety of fun and interesting positions!

Job Opportunities

- Recreation Specialists
- Recreation Assistants
- Recreation Leaders
- Preschool Teachers
- Assistant Pool Managers
- Swim Instructors
- Lifeguards
- Cashier & Concessions
- Swim Aides

Rocklin Area Chamber of Commerce Presents...

Co-Hosted by **City of Rocklin**

Rocklin Living 2005

Business and Community Showcase

Saturday, June 4, 2005
at the
Rocklin Sunset Center
2650 Sunset Blvd.

Free admission, entertainment, and parking!

Open to the public with samples from area restaurants!

For more information, please call the Rocklin Chamber of Commerce

(916) 624-2548

Special Events

City of Rocklin 2005 *Evening-in-the-Park Summer Concert Series* sponsored by:

This is a FREE Event!

Held in Johnson-Springview Park

Bring your blanket or your chairs. Dinner available for purchase from local restaurants.

Maybe Tuesday

Concert-in-the-Park

Friday, June 17, 7:00-9:00pm

This Sacramento-based cover band *Maybe Tuesday* performs the music of a wide variety of artists including *Sheryl Crow, Gin Blossoms,* the *Goo Goo Dolls, Counting Crows,* and *The Bangles*.

Azuar

Concert-in-the-Park

Friday, July 15, 7:00-9:00pm

"Diverse" and "fun" best describes this Folsom-based band. Azuar covers artists ranging from *Carole King* to *Sheryl Crow,* from *Santana* to *Collective Soul*.

The Blues Exciters

Concert-in-the-Park/Movie-in-the-Park

Friday, August 19, at 7:00-9:00pm

The Blues Exciters, nominated for "Best Blues Band" (2001) by readers of the *Sacramento News & Review*, have appeared at club and concert venues throughout northern California. Their high energy show continues to please crowds wherever they go. With local and national radio and television airtime, the *Blues Exciters* are fast becoming well-known for what they do best, "Playin' the Blues."

A "G" rated family movie will be shown on the Community Stage following the concert. Movie to be announced.

Music Mike Family Concert

Sunset Center Main Hall • 2650 Sunset Blvd

April 6 and August 10, 2005

Wednesdays, 7:00-8:00pm

PRE-SALE TICKETS: $6 R/$7 NR

***Special price for a family of four* $18 R/$24 NR**

AT THE DOOR: $8 per person

Join this popular children's performer in Rocklin family concerts. Music Mike is well-known among the preschool population for his fun versions of traditional folk songs and his own originals.

Come prepared with your hands ready for clapping, feet ready for stomping, and mouths ready to smile! There is no charge for grandparents and in-arm babies.

Rocklin Clean-up Day

What should you do with your old junk? What about those garage sale leftovers? Thinking about Spring cleaning? **We have the answer for you!! Rocklin Clean-up Day!!** The date for this great event is May 7, and is open to all Rocklin residents. The Parks & Facilities' crews, working in conjunction with Auburn Placer Disposal Services, will be at three locations collecting those items that the normal trash collections will not take (there are some exceptions).

Date:	**Saturday, May 7**
Time:	**8:00am-3:00pm**
Locations:	**Corporation Yard, 4081 Alvis Court** **Sierra College Overflow Parking Lot Rocklin Rd & El Don Dr** **Lone Tree Park. West Oaks Blvd.**
Exceptions:	**No refrigerators, freezers, or air conditioning units.** **No TVs or computers.** **Nothing over 6 feet in length or width will be accepted.** **No hazardous materials (i.e., paint, pesticide, etc.).** **No U-Haul type trucks.**

A pick-up service will be offered to Rocklin residents who are elderly or disabled. Call the Parks & Facilities Division at 625-5275, and arrangements will be made to pick up their items. There is a maximum of one pick-up load per resident. If you have any questions, call the Parks & Facilities Division at 625-5275.

Special Events

Mark your calendar for the June 25, 2005 Rocklin Jubilee.

As in years past, the day's activities include the following: parade, 5K run, pancake breakfast, food, craft and activity booths, live entertainment, BBQ dinner, and fireworks. Most events take place at Johnson-Springview Park located at 5480 5th Street.

Call 625-5200 for more information.

Schedule of Events
SATURDAY, JUNE 25, 2005

5K FUN RUN/WALK
(Johnson-Springview Park)
Hosted by the Rocklin High School Cross Country Team 1/2-mile youth run, ages 12 and under. **Free!**
5K Run/Walk: Pre-reg $15 by June 24. Day of the Run/Walk is $20.

PANCAKE BREAKFAST
(Picnic Pavilion)
Open 7:00-11:00am
$3.00 Presale / $4.00 at the door
Children under 5 yrs are free!
Eggs, ham, pancakes
Hosted by: Cub Scout Pack 29

INFO & SALES BOOTHS
(On Service Road)
BBQ tickets, T-shirts, buttons, general information and awards for all events.

POLICE COMMAND CENTER
(5th Street, Rec. Center)
Lost and Found, lost children and parents.

CRAFT FAIRE
Stroll and shop as over 40 crafters display wares for your home and family.

SPONSOR EXPO
Pick up some giveaways, enjoy free activities and games. Support our Jubilee Sponsors!

ACTIVITY BOOTHS
Fun and games all day!

FOOD BOOTHS
Taste a variety of delicious foods from more than 20 booths along the soccer field.

PARADE
Parade starts at 9:00am!

BEER GARDEN
Hosted by Rocklin Rotary Club.

JUBILEE BBQ
(Picnic Pavilion)
Steak Dinner: Steak, salad, roll & drink.
BBQ tickets may be purchased at the Jubilee Sales Booth adjacent to the Information Booth.

Jubilee Teen Events

City of Rocklin Station Xtreme staff will host a variety of activities and contests at the Teen Area from 1:00pm until 9:00pm. Beverages and snacks, along with glow items, will also be on sale throughout the day.

FRIDAY JUNE 24, 2005
NEW ORLEANS JAZZ DINNER

Sunset Center
2650 Sunset Blvd.

Hosted by the Rocklin Firefighters' Association, an evening with fine Cajun Cuisine will be held at the Rocklin Sunset Center on the eve of the Jubilee. Proceeds directly support community programs.

For further details and tickets, call 625-5300.

T-Shirts, Tickets, and Applications

Applications are available for the 5K Run/Walk, Parade, Talent Show, food, craft and specialty booths.

Applications may be obtained at The City of Rocklin Sunset Center, 2650 Sunset Blvd. Food, craft, sponsor, and specialty booth applications will be available February 18.

T-shirts and other official merchandise will be available for sale at the Rocklin Sunset Center and the event. Call for availability, 625-5200.

Tickets for the BBQ and Pancake Breakfast will be available beginning June 1.

For more information, call: Rocklin Community Services at 625-5200 or visit our web site at: www.ci.rocklin.ca.us

Special Events

2005 Jubilee Entertainment

COMMUNITY STAGE

11:00-1:00	Fred Morgan Big Band
1:30-2:15	Community Dance
2:30-3:00	Rocklin Dance Center
4:30-6:30	California Beach Party
7:00-9:00	Talent Show Contest Finalists

MAIN STAGE

10:45-11:15	Center Stage Community Theatre
11:30-12:00	Kick Boxing
12:15-12:45	West Coast Taekwondo
1:00-1:30	McCurry Kung Fu Karate
1:45-2:15	The Little Gym
4:00-5:15	*Maybe Tuesday*
6:00-7:45	*Mick Martin & the Blues Rockers*
8:30-9:45	*Papa Doo Run Run*
9:45-10:00	FIREWORKS DISPLAY by Pyro-Spectaculars, Inc.
10:00-10:45	*Papa Doo Run Run*

**All Performances are Subject to Change.*

Light ropes and food for sale from 5:00-9:30pm.

PM BOOTHS (Along soccer field)

Surfin' Rocklin Jubilee
June 25, 2005

Volunteers Needed!

Extra help is always needed for pre-Jubilee preparation, and during the day of the event. If you are interested in helping out, call the City of Rocklin at 625-5200.

Sponsorships 2005

Creating community through people, parks and programs

Sponsors Needed

The Rocklin Jubilee is made possible through the generous support of local businesses and individuals. Each year over a hundred businesses, community service clubs, and individuals contribute monetary and/or product donations to help make the Jubilee a successful and very special event. Sponsors receive exposure of over 25,000 people attending the event each year, along with other great benefits! For more information, call 625-5225.

Yes! I'd like to be a part of the City of Rocklin Sponsorship Program.

Company

Name

Phone (include area code)

Fax (include area code)

Address

City/State/Zip

Email

Sponsorship Level:

- ☐ Diamond Sponsor - $10,000
- ☐ Platinum Sponsor - $5,000
- ☐ Gold Sponsor - $2,500
- ☐ Silver Sponsor - $1,000
- ☐ Bronze Sponsor - $500
- ☐ Granite Sponsor - $250

Please return to:

City of Rocklin, Rocklin Jubilee
Community Services-Recreation Division
2650 Sunset Blvd
Rocklin, CA 95677
Phone: (916) 625-5200
Fax: (916) 625-5296

Make checks payable to:
City of Rocklin

Sports : Adults

Adult Drop-In Sports *$3.00 per person*

Drop-in Basketball

Mondays

January 10-May 23*

**no class 1/17, 2/21, 3/21*

7:00-9:00pm at Clarke Dominguez Memorial Gym, 5025 Meyers Street.

Drop-in Volleyball

Thursdays

January 13-April 7

7:00-9:00pm at Clarke Dominguez Memorial Gym.

Free Agent Program

For individuals who would like to play in any of our Adult Sports Leagues but do not have a team to play on, individual registration is allowed and encouraged. *Please contact the Rocklin Community Services-Recreation Office at 625-5200 for more information.*

Registration forms must be completed *PRIOR* to registration.
Registration packets are available at the Rocklin Community Services-Recreation Office.
Call 625-5200 for more information.

Shoot the Rock 3-on-3 Basketball Tournament

Sunday, March 13

Location: Rocklin High School, Outdoor Courts

Check In: 9:00-9:45am

Youth and Adult play beginning at 10:0am. Awards for 1st and 2nd place teams in each division.

Registration by March 7, $60 per team; $75.00 after 3/7.

Registration forms for these tournaments are available at the Rocklin Sunset Center, 2650 Sunset Blvd, beginning February 7.

Spring Adult Sports — Deadline March 18

Night/Division			Location	League Begins	Team Fees		Free Agents	
Outdoor Volleyball Leagues								
Wed	Coed Sixes	C	Local Parks	April 13	$80	Quads	$30	Resident
Wed	Mixed Quads	B			$90	NR team	$35	Non-Resident
Thurs	Coed Doubles	A			$100	Sixes		
					$120	NR team		
					$50	Doubles		
					$55	NR Team		
Spring Basketball League								
Sun	Adult	D	Local Schools	March 27	$375	R Team	$50	Resident
Thurs	Adult	D			$425	NR Team	$55	Non-Resident
Adult Softball Leagues								
Sun	Coed	D	3rd Street Field	April 3	$395	R Team	$40	Resident
Tues	Men's	D			$445	NR Team	$45	Non-Resident
Wed	Men's	D			$350	Coed		
Thurs	Men's	D			$395	NR Coed		

Summer Adult Sports — Deadline June 10

Night/Division			Location	League Begins	Team Fees	Free Agents	
Outdoor Volleyball Leagues							
Wed	Coed Sixes	C	Local Parks	June 22	see above (Spring Volleyball)	$30	Resident
Wed	Mixed Quads	B				$35	Non-Resident
Thurs	Coed Doubles	A					
Adult Softball Leagues							
Sun	Coed	D	Lone Tree Park	June 26	$350 R team	$40	Resident
Tues	Men's	D			$395 NR team	$45	Non-Resident
Wed	Men's	D					
Thurs	Men's	D					
Summer Basketball League							
Sun	Adult	D	Local Schools	June 19	$375 R Team	$50	Resident
Thurs	Adult	D			$425 NR Team	$55	Non-Resident

Sports: Youth and Teen Programs

The **City of Rocklin** *Teen Program, in conjunction with Rocklin Unified School District and the Rocklin Teen Committee, offer a wide variety of programs and activities for local youth in grades 7th and 8th.*

STATION XTREME *Grades 7-8*

Join your friends for free, supervised after school activities at Station Xtreme. Granite Oaks and Spring View middle schools will have teen centers open on campus, as shown below, from the time school gets out until 5:30pm. City staff will provide activities such as ping pong, pool, video games, sports, snacks, and more. These programs are open to 7th and 8th grade students.

Granite Oaks Station Xtreme

Tuesdays & Thursdays

3:15-5:30pm

(916) 625-5261

Spring View Station Xtreme

Mondays, Wed & Fridays

3:15-5:30pm

(916) 625-5260

The Station Xtreme program is FREE!

All participants must submit a completed registration and code of conduct form prior to attending. Both sites open on RUSD minimum days.

"Summer" Xtreme!

The "Summer" Xtreme program will be offered at the Spring View Station Xtreme site and Johnson-Springview Park, daily from 8:00am-5:00pm. Attendance will require a "per day" fee or a per week discounted rate.

In addition to these activities, the Summer Xtreme program will offer one field trip per week. Field trips will require an additional fee and pre-registration.

Daily, 8:00am - 5:00pm, except on field trip days, when times vary.

Summer Xtreme Dates: 6/6-8/9

Daily Fee: $15.00 (Full Day) or $10.00 for 8am-1pm (AM Session) or Noon-5pm (PM Session).

Weekly Fee: $50.00 (Full Days) or $30.00 for AM or PM session

Field Trips: Between $20 & $75 each

The field trips may include those shown below:

- Great America
- Sunsplash
- Overnight Camping Trip/Dillon Beach
- San Francisco - Alcatraz/Giants' Game
- Six Flags Marine World
- White Water Rafting
- Santa Cruz Beach Boardwalk
- Lake Tahoe or Lake Natoma

Dances

Held at the Rocklin Sunset Center. Offered on Friday evenings in the fall, winter and spring. Dates to be announced at Granite Oaks and Spring View schools. School ID required for entry.

Field Trips

Trips to a variety of attractions offered throughout the year! Past trips have included Boreal Mountain Resort, movie theater, Marine World, Skate Town, and many more.

Rocklin T.A.C.

The City of Rocklin is seeking local teens who want to make a difference in our community by becoming involved in a Teen Activity Council. The council will provide an opportunity for teens to have a "voice" in the community. The council would meet on a regular basis with Station Xtreme staff to plan teen activities and organize fundraising events.

For more information, contact the "Station Xtreme" staff.

Summer Recreational Sports Camp

8:00am-5:00pm

Ages 8-14

Rocklin Community Services is offering weekly recreational summer sports camps for ages 8-14. This program will offer participants the opportunity to play a variety of sports such as basketball, tennis, football, volleyball, hockey, lacrosse, and more!

The camp will be recreational in nature and emphasize basic fundamental skills, sportsmanship, teamwork and, most importantly, fun! The camp also offers indoor activities such as video games, foosball, billiards, and board games.

The camp will be instructed by Recreation Staff and offered on the dates below.

Weekly Fees: $95 R/$100 NR

Week 1:	6/6 - 6/10
Week 2:	6/13 - 6/17
Week 3:	6/20 - 6/24
Week 4:	6/27 - 7/1
Week 5:	7/5 - 7/8*
Week 6:	7/11 - 7/15
Week 7:	7/18 - 7/22
Week 8:	7/25 - 7/29
Week 9:	8/1 - 8/5

****7/4 is a City Holiday***

Specialized Sports Camps

Rocklin Community Services will be offering a variety of specialized weekly sports camps emphasizing specific sports and skills. Current plans are to offer camps for soccer, football, volleyball, and lacrosse.

Look for more detailed information in our summer sports camp brochure coming to a local school near you in April!

Sports : Youth

Track & Field Meet

Grades 1-8

Come out and experience the great sport of track and field at this all-school event at the complex located at Johnson-Springview Park.

Participants will represent their school and compete for individual and team awards in the 50-meter, 100-meter, 200-meter, 400-meter, 800-meter, 4 x 100-meter relay, standing long jump, and softball throw events.

FREE T-shirt for all participants who register in 3 or more events.

Date: Saturday, May 14, 2005
Fee: $5.00 per event entered
Time: Check-in from 9-9:30am
Location: Johnson-Springview Park Track Complex

Spike the Rock

Youth Volleyball League

Grades 5-9

For all of you young volleyball players in grades 5-9, Rocklin Recreation is offering an action-packed, 8-week instructional league with scheduled matches on Sunday afternoons.

All league participants receive a T-shirt!

Spring League Dates: 3/13-5/22
League Time: 3:00-5:00pm
League Fee: $70R/$75NR

Summer Grass Volleyball League

Grades 7-12

Keep your volleyball skills sharp over the summer by joining our grass league playing on Tuesday evening at local parks.

League Dates: 6/14-8/2
League Time: 6:30 - 8:00pm
League Fee: $40R/$45NR

Shoot the Rock

Competitive Youth Basketball Program

Boys and Girls Grades 5-12

Registration Deadline, March 18
League: 4/2-5/21

Following the completion of our recreational youth basketball program, we will be offering a competitive program for those who just can't get enough. This program will be patterned after our adult sports leagues where participants will register as teams, instead of individuals. Go out and find the best players and we'll see which teams come out on top at the end!

Teams must provide their own coach and jerseys. Elementary (5th & 6th grades), junior high, and high school divisions will be offered.

Spring Competitive Game Days: Saturday Afternoons & Evenings
Spring Competitive Team Fee: $425 R/$450 NR Team

Shoot the Rock 3-on-3 Tournament on Sunday, March 13*

See Page 26.

Slap The Rock

Youth Roller Hockey League

Ages 7-17

Come out & experience one of the most exciting sports in America! Rocklin Roller Hockey is in its eighth year of existence and participates in the Gold Country Recreational Hockey League with Folsom Recreation Department.

Our program includes skill instruction, scrimmages, along with official games. Practices are conducted on weeknight evenings with most games played on Sunday afternoons and evenings. ***Personalized jersey $20.00 additional.***

Location: Johnson-Springview Park Roller Rink
Practice Days: Tuesdays
Practice Time: 6:00-7:30pm - under 18
Practice Days: Thursdays
Practice Time: 5:30-6:30 - under 10
6:30-7:30 - under 13
League Dates: 4/3-6/5
League Fee: $70 R/$75 NR

Start Smart *Sports Development Classes (ages 3-5 yrs)*

The Start Smart Sports Development Program is a proven instructional program that prepares children for the world of organized sports without the threat of competition or the fear of getting hurt. Parents work together with their children in a supportive environment to learn all of the basic skills. ***Each week the exercises become increasingly more difficult as the class progresses and children show improvement.***

6 weeks, 1-hour classes, $55 *(includes Participant Manual)*

Instructors: Session 1, Christy Stauts
Session 2, Kate Hay

Session 1: March 16 - April 27 (no class 3/23)
Wednesdays 10:00 – 11:00am; 5:00 – 6:00pm

Session 2: May 4 - June 8
Wednesdays 10:00 – 11:00am; 5:00 – 6:00pm

Sports : Youth — Hot Shot Tot Sports

The Rocklin Hot Shot Tot Sports program is for children ages 3 1/2 to 5.

Parent participation is required for all classes. All classes focus on fun while teaching the fundamentals.

We introduce children to the basics of the sport and eventually progress to learning in a scrimmage game. *Athletes receive a certificate and one Hot Shot Tot Sports T-shirt per season.*

Each session is four days, once a week for 45 minutes. ***Class size is limited to 12 students – sign up early!*** Minimum class size is six students. **Please read the description of each class below for more specific information.**

Locations: Johnson-Springview Park and local schools
Prices: $35 Resident / $40 Non-Resident
Instructors: Kate Hay & Christy Stauts

Pick up your Hot Shot Tot Sports registration form at the Rocklin Sunset Center.

Soccer 1: Ages 3 1/2 – 5

All you need to know is how to kick – we will teach you the rest! Basic soccer skills and terminology will be taught through fun games and drills. During the last class students will participate in a fun scrimmage game.

Soccer 2: Ages 4-5

Ready to hit the field? Soccer 2 is great for children that know the basic fundamentals of soccer (passing, trapping, dribbling, and shooting) and are ready to play in a team atmosphere. The class will still include drills and fun games that reinforce the skills of soccer.

Tot Soccer Plus: Ages 5-6

Missed the team soccer deadline or advanced through all the Hot Shot Tot Sports soccer classes? Does your child wish to continue practicing the skills and play more scrimmage games?

Sign up now to play Tot Soccer Plus. This class will consist of the players working together on the field in drills, games and soccer scrimmages.

All Sport: Ages 3 1/2 – 5

Not ready to commit to one sport? Try them all — soccer, T-ball, football, basketball, and others! Basic skills and some scrimmage games will be played. The emphasis will be fun, fun, and more fun!

T-Ball 1: Ages 3-5

Take me out to the ball game! Come out to the field and have fun learning the basics of T-ball: hitting, catching, throwing, and running the bases. ***We have all the equipment — come out and play with us!***

T-Ball 2: Ages 4 – 5

Continue learning the game of T-ball with more fun drills and games. Scrimmage games will be played at each class. Students should be familiar with the basic skills of T-ball: throwing, catching, hitting, and running the bases.

Basketball 1: Ages 3 1/2 – 5

Dribble, dribble, shoot, and score! Through fun games and drills we learn the basics of basketball: dribbling, passing, and shooting.

ALL NEW! Hot Shot Tots Summer Camp

Looking for a great way to wrap up the summer's sports festivities? Come join our 1-week specialty camp for ages 4-6. Kids will spend three hours with us each day learning and playing soccer, baseball, basketball, plus a variety of fun games. So pack them a lunch and drop them off for three hours of fun! Parents are not required to be present during camp hours, but must be able to pick up child at 12:00 Noon.

July 19-21
9:00am-Noon $75R/$80NR

July 26-28
9:00am-Noon $75R/$80NR

Spring Session 1

April 5 - April 28

Tuesdays	
T-Ball	5:15-6:00pm
All-Sport	6:15-7:00pm
Wednesdays	
T-Ball 1	9:00-9:45am
Soccer 1	6:15-7:00pm
Thursdays	
Soccer 1	9:00-9:45am
T-Ball 1	10:00-10:45am
Basketball 1	5:15-6:00pm
Soccer 1	6:15-7:00pm

Spring Session 2

May 10-June 2

Tuesdays	
T-Ball 2	5:15-6:00pm
Soccer 1	6:15-7:00pm
Wednesdays	
Soccer 1	9:00-9:45am
Soccer 2	6:15-7:00pm
Thursdays	
Soccer 1	9:00-9:45am
T-Ball 1	10:00-10:45am
All Sport	5:15-6:00pm
Soccer 1	6:15-7:00pm

Summer Session 1

June 14 – July 7

Tuesdays	
T-Ball 2	5:15-6:00pm
Soccer 1	6:15-7:00pm
Wednesdays	
T-Ball 1	9:00-9:45am
Soccer 2	6:15-7:00pm
Thursdays	
T-Ball 1	9:00-9:45am
Soccer 1	10:00-10:45am
All Sport	5:15-6:00pm
Soccer Plus	6:15-7:00pm

Theatre & Arts

Center Stage Productions

Students will study character, dance, improvisation, and receive an overall theatrical experience and discipline. Lab fee to cover makeup, costumes, and set is included in fee. Students may perform in the upcoming musical production. Auditions for characters in the production will take place during class time. ***Students must be able to read script.***

Location: Finn Hall & Annex

Executive Director: Bruce Carstens

Director: Jill Page

2nd child discount: Receive $10 off enrollment price when registering a sibling into a single theatre class.

"The Pajama Game"

Ages 13-18

Price: $100 R/$108 NR
Times: 7:00-8:30pm
Dates: 4/21-6/30

Class will meet two days per week.
Thursday, 7-8:30pm
Sunday, 2-8pm (not every Sunday)

Performance: July 8-17

"The Magic Pebble"

Ages 8-12

Price: $100 R/$108 NR
Times: 7:00-8:30pm
Dates: 7/14-9/8,

Class will meet two days per week.
Thursday, 7-8:30pm
Sunday, 2-8pm (not every Sunday)

Performance: September 16-25

"The Sound of Music"

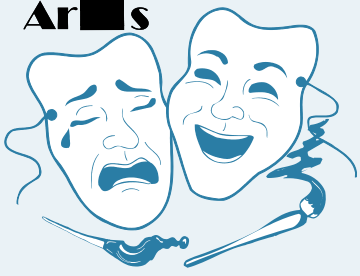
Ages 12 - Adult

Price: $30 R/$38 NR
Times: 7:00-9:00pm
Dates: 9/29-12/1

Class will meet two days per week.
Thursday, 7-8:30pm
Sunday, 2-8pm (not every Sunday)

Performance: December 9-18

Theatre & Arts



City of Rocklin
Theatrical Productions Schedule 2005

Finn Hall
4090 Rocklin Road

General Admission:
$7 per person per show

Show times:
7:30pm Fridays & Saturdays,
2:00pm Saturdays & Sundays

"Fiddler on the Roof"
March 11-20

"The Pajama Game"
July 8-17

"The Magic Pebble"
September 16-25

"The Sound Of Music"
December 9-18

All information is subject to change. All play titles are tentative.

"Fiddler on the Roof"

Director: Connie Omans

March 11-20

Set in the small village of Anatevka, Russia in 1905, "Fiddler on the Roof" is a touching story of a poor dairyman who tries to instill in his five daughters the traditions of his community in the face of changing social mores.
Rich in historical and ethnic details, this piece cuts across barriers of race, class, nationality and religion, leaving audiences crying tears of laughter, joy and sadness. A live orchestra will perform the music for this "lesson in matchmaking."

"The Pajama Game"

July 8-17

Explore the dangers of workplace romance in this fast-paced, bright and brassy, Broadway favorite. Conflict arises between management and labor as they negotiate issues of slow production and low wages at the Sleep-Tite Pajama Factory.

Additionally, things steam up between the sexes, with injuries, flirting, jealousies and love. The issue till the end is, will there be a grievance or a union?

A Scene from "Under The Big Top", September 2004.

Snowflake Art Show

February 13-20, 2005

Artists' Reception
February 12, 6:30-8:30pm

The Snowflake Art Show will be held at the Finnish Temperance Hall, 4090 Rocklin Road from Sunday-Sunday, February 13-20. Opening reception will be held on Saturday, February 12, beginning at 6:30pm at Finn Hall. Come and invite your friends to vote for their favorite pieces. An awards presentation will take place during the reception.

Applications are available at the Rocklin Sunset Center and on our web site: www.ci.rocklin.ca.us. ***Deadline to submit art is Friday, February 11 at noon. Deliver artwork to the Finn Hall Annex.***

Viewing times are as follows:

Saturday and Sundays,
Feb. 13, 19 & 20 from 11am-5pm

Weekdays, Mon-Fri,
Feb. 14-18 from 4-7pm

See the inventive work produced by our local artists.

Backstage Hands

Ages 13-18

High school students learn technical skills while earning community service hours. They work with spotlight, sound, special effects and stage props. Backstage hands work all practices and performances.

Location: Finn Hall
Instructor: Greg & Laura Gailey
Price: $20 R/$25 NR

"Fiddler on the Roof"

Thurs/Sun 7:00-8:30pm
2/24-3/17
Thursday, 7:00-8:30pm
Sunday, 2:00-8:00pm
Performance: March 11-20

"The Pajama Game"

Thurs/Sun 7:00-8:30pm
6/23-7/14
Thursday, 7:00-8:30pm
Sunday, 2:00-8:00pm
Performance: July 8-17

"The Magic Pebble"

Thurs/Sun 7:00-8:30pm
8/25-9/15
Thursday, 7:00-8:30pm
Sunday, 2:00-8:00pm
Performance: September 16-25

Sarah Stinchfield, Scott Taylor & Kevin Carstens in "Honk, Jr."

A Theatre Gala

will be held
Friday, March 11
by invitation.

Opening production of "Fiddler on the Roof" will take place Saturday, March 12.

Up-to-date class and registration information can be found at various locations around Rocklin.

If you can't find what you are looking for, see page 14 for the locations where you can pick up supplements to this guide.

Or call (916) 625-5200 for registration information.

Looking for Summer Work?

The City of Rocklin has job openings in Aquatics.

See Page 22 for more information.

Application may be found on our website.

Park & Facility Information

Sports Picnic Packages

Grande Picnic Package

$30 R/$36 NR

- 1 grass volleyball net
- 1 volleyball
- 8 horseshoes
- 1 soccer ball
- 2 flying discs
- 2 frisbee discs

Mini Picnic Package

$20 R/$25 NR

- 1 volleyball
- 4 horseshoes
- 1 soccer ball
- 2 flying discs
- 2 frisbee discs

For more information, call 625-5200.

City Offices

- 7 City Hall
- 8 Administration Building
- 9 Corporation Yard
- 10 Fire / Police Admin. & Fire Station I
- 11 Fire Station 2
- 12 Fire Station 3 (open 2005)
- 13 Police Administration (open 2005)

Rocklin Unified School District

- 42 **District Office**
  2615 Sierra Meadows Drive
  (916) 624-2428
- 43 Rocklin High School
- 44 Granite Oaks Middle School
- 45 Spring View Middle School
- 46 Antelope Creek Elementary
- 47 Breen Elementary
- 48 Cobblestone Elementary
- 49 Parker Whitney Elementary
- 50 Rock Creek Elementary
- 51 Rocklin Elementary
- 52 Sierra Elementary
- 53 Twin Oaks Elementary
- 54 Valley View Elementary

Recreation Facilities

- 1 **Rocklin Sunset Center**
  (Main Recreation Office)
  2650 Sunset Boulevard
- 2 **Clarke Dominguez Gym**
  5035 Meyers Street
- 3 **Finnish Temperance Hall**
  4090 Rocklin Road
- 4 **Johnson-Springview Park Picnic Pavilion**
  5480 5th Street
- 5 **Rocklin Aquatics Complex**
  5301 Victory Lane
- 6 **Rocklin Community Center**
  5480 5th Street

Rocklin City Parks

	Barbecues	Basketball Court	Baseball/Softball	Benches	Covered Picnic Area	Field (Open Turf)	Horseshoe Pits	Pathways	Picnic Table	Playground (School-aged)	Playground (Preschool-aged)	Restrooms	Roller Hockey Rink	Sand Volleyball	Skate Park	Tennis Courts
14 Johnson-Springview	•	•	•	•	•	•	•	•	•	•		•	•	•	•	•
15 Lone Tree			•			•		•				•				
16 Twin Oaks			•	•		•		•	•	•		•				
17 Boulder Ridge	•	•		•	•	•	•	•	•	•	•					
18 Breen	•			•		•		•	•	•	•					
19 Clarke Dominguez	•	•		•		•	•	•	•	•	•					
20 Clover Valley	•			•				•	•	•						
21 Joe Hernandez	•	•		•	•	•		•	•	•	•					
22 Mansion Oaks				•		•		•	•	•	•					
23 Memorial	•			•			•		•		•	•				
24 Monte Verde	•			•		•			•		•					
25 Monument	•			•	•	•		•	•	•	•					
26 Night Ridge	•	•		•		•		•	•	•	•					
27 Old Timers									•							
28 Pebble Creek	•			•		•		•	•	•						
29 Pleasant Valley Creek	•	•		•		•		•	•	•	•					
30 Ruhkala	•	•		•		•		•	•	•	•			•		
31 Sasaki	•	•		•	•	•			•		•					
32 Sierra Meadows	•	•		•		•		•	•	•	•					
33 Sonora	•	•		•	•	•		•	•	•	•					
34 Sunset East	•	•		•				•	•	•						
35 Vista Grande	•	•		•		•		•	•	•						
36 Wesley	•	•		•	•	•		•	•	•	•					
37 Woodside	•	•		•				•	•	•	•					

LINCOLN
SIERRA COLLEGE BLVD
LOOMIS
WEST OAKS BLVD
BLUE OAKS BLVD
LONE TREE BLVD
ET BLVD
W. STANFORD RANCH ROAD
SUNSET BLVD
ROSEVILLE
ROCKLIN ROAD
GOLF COURSE
PRIVATE GOLF COURSE
City of Rocklin
Parks & Facilities Map
Map Legend
City Office
City of Rocklin Park
Future Park
Golf Course
Recreation Facility
School
Future School
Cemetery
Rocklin Library
Rocklin History Museum